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- Cardiomyopathy heart disease resulting from an abnormality in the myocardium
- Diseases of the myocardium usually produce abnormalities
 - in cardiac wall thickness
 - chamber size
 - mechanical and/or electrical dysfunction,

 Primary cardiomyopathies are diseases predominantly confined to the heart muscle

 secondary cardiomyopathies have myocardial involvement as a component of a systemic or multiorgan disorder

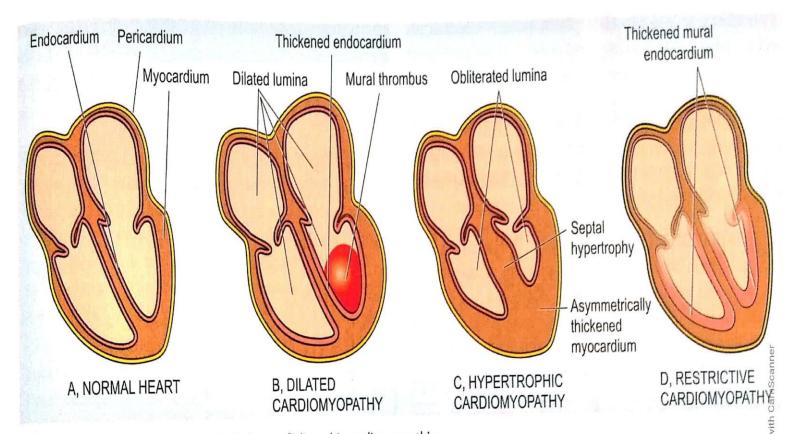


Figure 14.35 The major pathophysiologic forms of idiopathic cardiomyopathies.

This is referred to as 'alcoholic cardiomyopathy' and included ii) Inherited mutations in genes encoding for sarcong

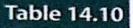


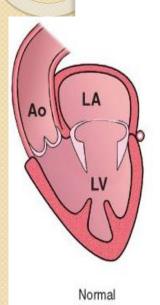
Table 14.10 Classification of primary cardiomyopathies.

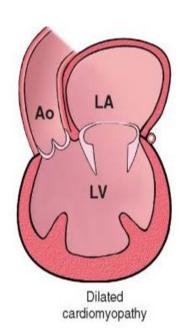
- IDIOPATHIC DILATED (OR CONGESTIVE) CARDIOMYOPATHY
- IDIOPATHIC HYPERTROPHIC CARDIOMYOPATHY
 - i) Obstructive type
 - Non-obstructive type ii)
- IDIOPATHIC RESTRICTIVE (OR OBLITERATIVE OR INFILTRATIVE) CARDIOMYOPATHY
 - i) Cardiac amyloidosis
 - ii) Endocardial fibroelastosis
 - iii) **Endomyocardial fibrosis**
 - Löeffler's endocarditis (fibroplastic parietal endocarditis iv) with peripheral blood eosinophilia)
 - Other forms V)

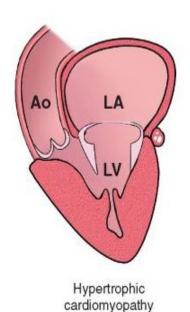
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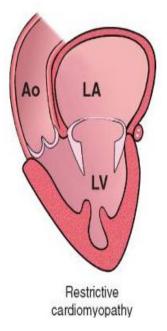
 Types of cardiomyopthies are determined by clinical, functional, and pathologic patterns present

- Dilated cardiomyopathy (DCM)
- Hypertrophic cardiomyopathy (HCM)
- Restrictive cardiomyopathy









Functional pattern	Left ventricular ejection fraction	Mechanism of heart failure	Causes of phenotype
Dilated	< 40%	Impairment of contractility (systolic dysfunction)	Genetic; alcohol; peripartum; myocarditis; hemochromatosis; chronic anemia; doxorubicin (Adriamycin); sarcoidosis; idiopathic
Hypertrophic	50 to 80%	Impairment of compliance (diastolic dysfunction)	Genetic; Friedreich ataxia; storage diseases; infants of diabetic mother
Restrictive	45 to 90%	Impairment of compliance (diastolic dysfunction)	Amyloidosis; radiation-induced fibrosis; idiopathic

Conditions associated with cardiomyopathies are

- Cardiac infections
- Toxins
- Metabolic
- Neuromuscular disease
- Storage disorders
- Infiltrative
- Immunological

Conditions associated with cardiomyopathies are

Cardiac infections –

Viruses, Chlamydia, Rickettsia, Bacteria, Fungi, Protozoa

Toxins

Alcohol, Cobalt, Catecholamines, Carbon monoxide, Lithium Hydrocarbons, Arsenic, Cyclophosphamide, Doxorubicin (Adriamycin) and daunorubicin

Metabolic –

Hyperthroidism, Hypothyroidism, Hyperkalemia, Hypokalemia, Nutritional deficiency (protein, thiamine, other avitaminoses), Hemochromatosis

Conditions associated with cardiomyopathies are

- Neuromuscular disorder –
 Friedreich ataxia Muscular dystrophy Congenital atrophies
- Storage disorder and other depositions
 Hunter-Hurler syndrome Glycogen storage disease Fabry disease Amyloidosis
- Infiltrative –
 Leukemia Carcinomatosis Sarcoidosis Radiation induced fibrosis
- Immunological –
 Leukemia Carcinomatosis Sarcoidosis Radiationinduced fibrosis

CARDIAC INFECTIONS	NEUROMUSCULAR DISEASE	
Viruses Chlamydia Rickettsia Bacteria Fungi	Friedreich ataxia Muscular dystrophy Congenital atrophies	
Protozoa	STORAGE DISORDERS AND OTHER DEPOSITIONS	
TOXINS Alcohol Cobalt Catecholamines Carbon monoxide Lithium Hydrocarbons Arsenic	Hunter-Hurler syndrome Glycogen storage disease Fabry disease Amyloidosis INFILTRATIVE	
Cyclophosphamide Doxorubicin (Adriamycin) and daunorubicin	Leukemia Carcinomatosis	
METABOLIC Hyperthroidism Hypothyroidism	Sarcoidosis Radiation-induced fibrosis	
Hyperkalemia	IMMUNOLOGICAL	
Hypokalemia Nutritional deficiency (protein, thiamine, other avitaminoses) Hemochromatosis	Myocarditis (several forms) Post-transplant rejection	

- Endomyocardial biopsies are used in the diagnosis and management of individuals with myocardial disease and in cardiac transplant recipients.
- Endomyocardial biopsy involves inserting a device called a bioptome transvenously into the right side of the heart and using its jaws to snip a small piece of septal myocardium

DILATED CARDIOMYOPATHY

• The term dilated cardiomyopathy (DCM) is applied to a form of cardiomyopathy characterized by progressive cardiac dilation and contractile (systolic) dysfunction, usually with concomitant hypertrophy.

 It is sometimes called congestive cardiomyopathy.

DILATED CARDIOMYOPATHY

Morphology

- Heart is usually enlarged, heavy (often weighing two to three times normal), and flabby, due to dilation of all chambers
- Mural thrombi are common and may be a source of thromboemboli.
- No primary valvular alterations, and mitral (or tricuspid) regurgitation, when present, results from left (or right) ventricular chamber dilation.
- The histologic abnormalities in DCM are nonspecific and usually do not point to a specific etiologic agent.

DILATED CARDIOMYOPATHY

PATHOGENESIS

- DCM results due to many causes
 - Genetic infleunces
 - Toxicities
 - Myocarditis- an inflammatory disorder that precedes the development of cardiomyopathy in at least some cases, and is sometimes caused by viral infections (Coxsackievirus B and other enteroviruses)
 - Postpartum

DILATED CARDIOMYOPATHY PATHOGENESIS

Genetic causes -

- Autosomal-dominant inheritance is the predominant pattern. X-linked, autosomalrecessive, and mitochondrial inheritance are less common
- Deletions in mitochondrial genes that result in defects in oxidative phosphorylation

DILATED CARDIOMYOPATHY PATHOGENESIS

Genetic causes -

- X-linked cardiomyopathy is associated with mutations in the gene that encodes dystrophin
- Other forms of DCM are associated with mutations in genes encoding cardiac α-actin (which links the sarcomere with dystrophin), desmin, and the nuclear lamina proteins, lamin A and lamin C.

DILATED CARDIOMYOPATHY

PATHOGENESIS

Alcohol and other toxins

- Alcohol toxicity is due to direct ethanol toxicity or a secondary nutritional disturbance may be the cause of the myocardial injury.
- Alcohol or its metabolites (especially acetaldehyde)
 have a direct toxic effect on the myocardium
- chronic alcoholism may be associated with thiamine deficiency, which can lead to beriberi heart disease (also indistinguishable from DCM)
- Doxorubicin (Adriamycin) and Cobalt causes myocardial insult

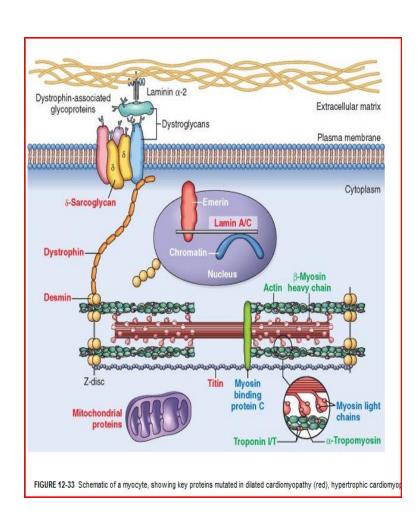
DILATED CARDIOMYOPATHY

PATHOGENESIS

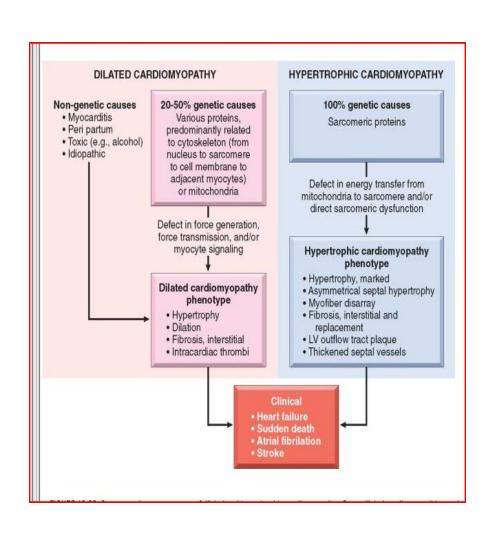
Peripartum cardiomyopathy

- occur late in pregnancy or several weeks to months postpartum
- have been proposed as cPregnancy-associated hypertension, volume overload, nutritional deficiency, other metabolic derangements, or poorly characterized immunological reaction auses
- Elevated levels of an anti-angiogenic cleavage product of the hormone prolactin (which rises late in pregnancy) and peripartum cardiomyopathy.

DILATED CARDIOMYOPATHY



DILATED CARDIOMYOPATHY



DILATED CARDIOMYOPATHY

Clinical features

- most commonly affects individuals between the ages of 20 and 50.
- Presents with slowly progressive signs and symptoms of CHF such as shortness of breath, easy fatigability, and poor exertional capacity.
- In the end stage, patients often have ejection fractions of less than 25% (normal, ~50% to 65%).

DILATED CARDIOMYOPATHY

Clinical features

- Fifty percent of patients die within 2 years, and only 25% survive longer than 5 years
- Death is usually attributable to progressive cardiac failure or arrhythmia and can occur suddenly.
- Embolism from dislodgment of an intracardiac thrombus can occur

HYPERTROPHIC CARDIOMYOPATHY

Hypertrophic cardiomyopathy (HCM) is characterized by

- myocardial hypertrophy,
- poorly compliant left ventricular myocardium leading to abnormal diastolic filling,
- intermittent ventricular outflow obstruction (One third of cases)

HCM is caused by mutations in genes encoding sarcomeric proteins

HYPERTROPHIC CARDIOMYOPATHY

Morphology

- The essential feature of HCM is massive myocardial hypertrophy, usually without ventricular dilation.
- The classic pattern is disproportionate thickening of the ventricular septum as compared with the free wall of the left ventricle (with a ratio greater than 1:3), frequently termed asymmetric septal hypertrophy.
- In about 10% of cases, however, the hypertrophy is symmetrical throughout the heart

HYPERTROPHIC CARDIOMYOPATHY

Morphology

- Hypertrophy can involve the entire septum, it is usually most prominent in the subaortic region
- On cross-section, the ventricular cavity loses its usual round-to-ovoid shape and may be compressed into a "banana-like" configuration by bulging of the ventricular septum into the lumen

HYPERTROPHIC CARDIOMYOPATHY

Morphology

Often present are endocardial thickening or mural plaque formation in the left ventricular outflow tract and thickening of the anterior mitral leaflet. Both findings are a result of contact of the anterior mitral leaflet with the septum during ventricular systole,

HYPERTROPHIC CARDIOMYOPATHY

Histologic features of the myocardium in HCM are

- Extensive myocyte hypertrophy to a degree unusual in other conditions, with transverse myocyte diameters frequently greater than 40 μm (normal, ~15 μm)
- Haphazard disarray of bundles of myocytes, individual myocytes, and contractile elements in sarcomeres within cells (termed myofiber disarray)
- Interstitial and replacement fibrosis

HYPERTROPHIC CARDIOMYOPATHY



HYPERTROPHIC CARDIOMYOPATHY

Pathogenesis

- caused by mutations in any one of several genes that encode sarcomeric proteins
- Pattern of transmission is autosomal dominant
- Mutations causing HCM are found most commonly in the gene encoding β-myosin heavy chain (β-MHC), cardiac TnT, αtropomyosin, and myosin-binding protein C (MYBP-C)

Clinical features

- The basic physiologic abnormality in HCM is reduced stroke volume due to impaired diastolic filling, which results from the reduced chamber size and compliance of the massively hypertrophied left ventricle
- approximately 25% of patients have obstruction to the left ventricular outflow.
- The limitation of cardiac output and a secondary increase in pulmonary venous pressure cause exertional dyspnea.

HYPERTROPHIC CARDIOMYOPATHY

Clinical features

- The major clinical problems in HCM are atrial fibrillation, mural thrombus formation leading to embolization and possible stroke, intractable cardiac failure, ventricular arrhythmias, and, not infrequently, sudden death, especially in some affected families
- HCM is one of the most common causes of sudden, otherwise unexplained death in young athletes

DILATED CARDIOMYOPATHY HYPERTROPHIC CARDIOMYOPATHY Non-genetic causes 20-50% genetic causes 100% genetic causes Myocarditis Various proteins, Sarcomeric proteins · Peri partum predominantly related Toxic (e.g., alcohol) to cytoskeleton (from Idiopathic nucleus to sarcomere to cell membrane to adjacent myocytes) Defect in energy transfer from or mitochondria mitochondria to sarcomere and/or direct sarcomeric dysfunction Defect in force generation, force transmission, and/or myocyte signaling Hypertrophic cardiomyopathy phenotype Hypertrophy, marked Dilated cardiomyopathy Asymmetrical septal hypertrophy phenotype Myofiber disarray Hypertrophy Fibrosis, interstitial and Dilation replacement Fibrosis, interstitial LV outflow tract plague Intracardiac thrombi Thickened septal vessels Clinical Heart failure Sudden death Atrial fibrilation Stroke

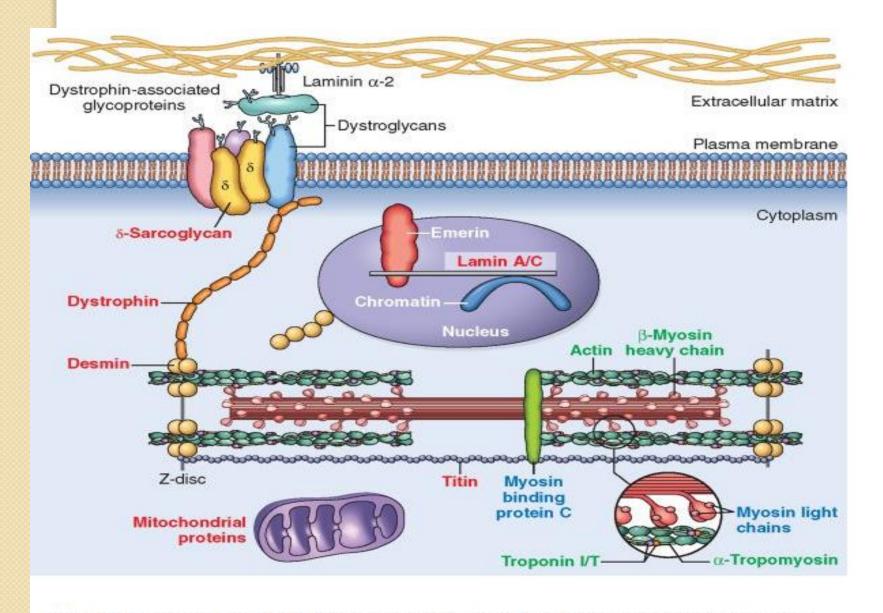


FIGURE 12-33 Schematic of a myocyte, showing key proteins mutated in dilated cardiomyopathy (red), hypertrophic cardiomyopathy (blue), or both (green).

RESTRICTIVE CARDIOMYOPATHY

 Primary decrease in ventricular compliance, resulting in impaired ventricular filling during diastole

Systolic function of left ventricle unaffected

- Idiopathic
- Secondary to

Radiation fibrosis

Amyloidosis

Sarcoidosis

metastatic tumors

inborn errors of metabolism

Morphology:

- Ventricles approximately normal size or slightly enlarged
- No dilatation
- Myocardium is firm and noncompliant
- Biatrial dilation is commonly observed

Microscopically:

- Patchy or diffuse interstitial fibrosis, minimal to extensive
- Endomyocardial biopsy specific etiology
- Associated Amyloidosis

Other restrictive conditions

- Endomyocardial fibrosis :
- Children
- Fibrosis of the ventricular endocardium and subendocardium - tricuspid and mitral valves
- Etiology is unknown
- ?? Organization of mural thrombi

Loeffler endomyocarditis :

- Endomyocardial fibrosis, typically with large mural thrombi
- Peripheral eosinophilia
- Eosinophilic infiltrates in organs
- Major basic protein of eosinophils endomyocardial necrosis
- Myeloproliferative disorder PDGFRα or PDGFRβ gene rearrangements

Endocardial fibroelastosis:

- Obscure etiology
- Focal or diffuse fibroelastic thickening
- M/C mural left ventricular endocardium
- M/C in first 2 years of life assoc. congenital cardiac disease

MYOCARDITIS

- Primary Infectious etiology
- Secondary IHD

- Viral infections are the most common cause
- Coxsackieviruses A and B and other enteroviruses
- ?? Direct injury / destructive immune response

TABLE 12-12 -- Major Causes of Myocarditis

INFECTIONS

Viruses (e.g., coxsackievirus, ECHO, influenza, HIV, cytomegalovirus)

Chlamydiae (e.g., C. psittaci)

Rickettsiae (e.g., R. typhi, typhus fever)

Bacteria (e.g., Corynebacterium diphtheriae, Neisseria meningococcus, Borrelia (Lyme disease)

Fungi (e.g., Candida)

Protozoa (e.g., Trypanosoma cruzi [Chagas disease], toxoplasmosis)

Helminths (e.g. trichinosis)

IMMUNE-MEDIATED REACTIONS

Postviral

Poststreptococcal (rheumatic fever)

Systemic lupus erythematosus

Drug hypersensitivity (e.g., methyldopa, sulfonamides)

Transplant rejection

UNKNOWN

Sarcoidosis

Giant cell myocarditis

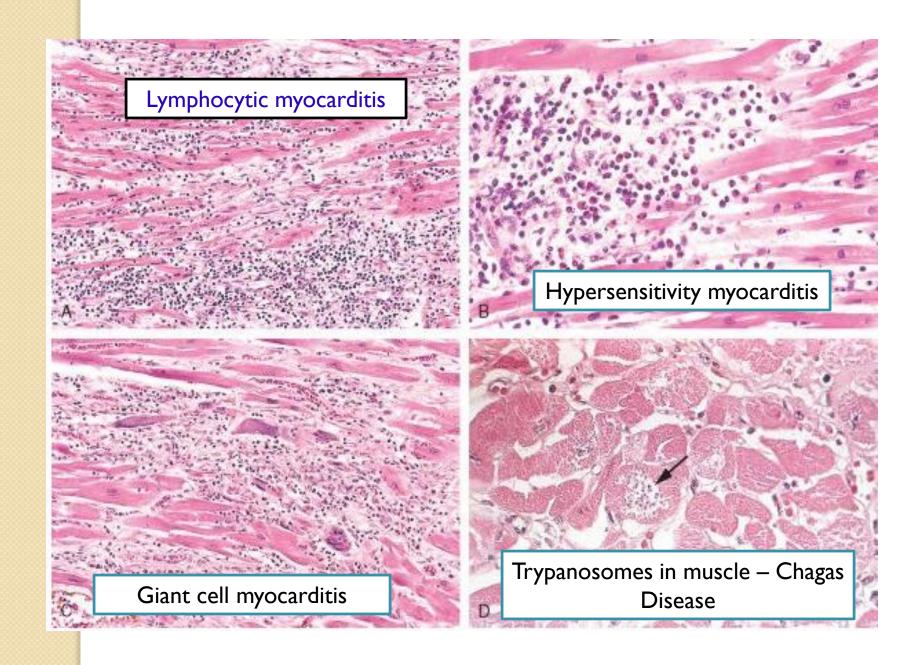
HIV, human immunodeficiency virus.

Morphology

- Active phase Heart normal or dilated
- Advanced stages Myocardium flabby
- Hemorrhagic lesions
- Mural thrombi

Microscopy :

- Interstitial mononuclear inflammatory infiltrate
- Focal or diffuse
- Focal myocyte necrosis fibrosis



Clinical Features

- Asymptomatic
- Precipitous onset of heart failure or arrhythmias sudden death

Pericardial Disease

Normally, there are about 30 to 50 mL of thin, clear, straw-colored fluid in the pericardial sac

- Distension of parietal pericardium :
- Serous fluid (pericardial effusion)
- Blood (hemopericardium), or
- Pus (purulent pericarditis)

PERICARDITIS

TABLE 12-13 -- Causes of Pericarditis

INFECTIOUS AGENTS

Viruses

Pyogenic becteria

Tuberculosis

Fungi

Other parasites

PRESUMABLY IMMUNOLOGICALLY MEDIATED

Rheumatic fever

Systemic lupus erythematosus

Scleroderma

Postcardiotomy

Postmyocardial infarction (Dressler) syndrome

Drug hypersensitivity reaction

MISCELLANEOUS

Myocardial infarction

Uremia

Following cardiac surgery

Neoplasia

Trauma

Radiation

- Fibrinous and Serofibrinous Pericarditis:
- Serous fluid mixed with a fibrinous exudate
- Common causes include acute MI, the postinfarction (Dressler) syndrome, uraemia, atoimmune causes
- Deposition of leucocytes and RBC
- Exudative fluid

- Purulent or Suppurative Pericarditis:
- Invasion of the pericardial space by microbes
 - (I) Direct extension from neighboring infections, such as an empyema of the pleural cavity, lobar pneumonia, mediastinal infections, or extension of a ring abscess through the myocardium or aortic root
 - (2) Seeding from the blood
 - (3) Lymphatic extension; or
 - (4) Direct introduction during cardiotomy

Immunosuppression predisposes to infection

- Acute inflammatory reaction
- Mediastinopericarditis
- Constrictive pericarditis as a consequence

Hemorrhagic Pericarditis:

- Exudate is composed of blood mixed with a fibrinous or suppurative effusion
- M/C Malignancy
- Other bacterial infections, TB, Bleeding diathesis

Caseous Pericarditis:

- TB
- Fungal infections
- Constrictive pericarditis consequence

- Chronic or Healed Pericarditis:
- Organization plaquelike fibrous thickenings "soldier's plaque"
- Thin stringy adhesions
- Adhesive mediastinopericarditis
- Constrictive pericarditis the heart is encased in a dense, fibrous or fibrocalcific scar that limits diastolic expansion and cardiac output

Myxoma

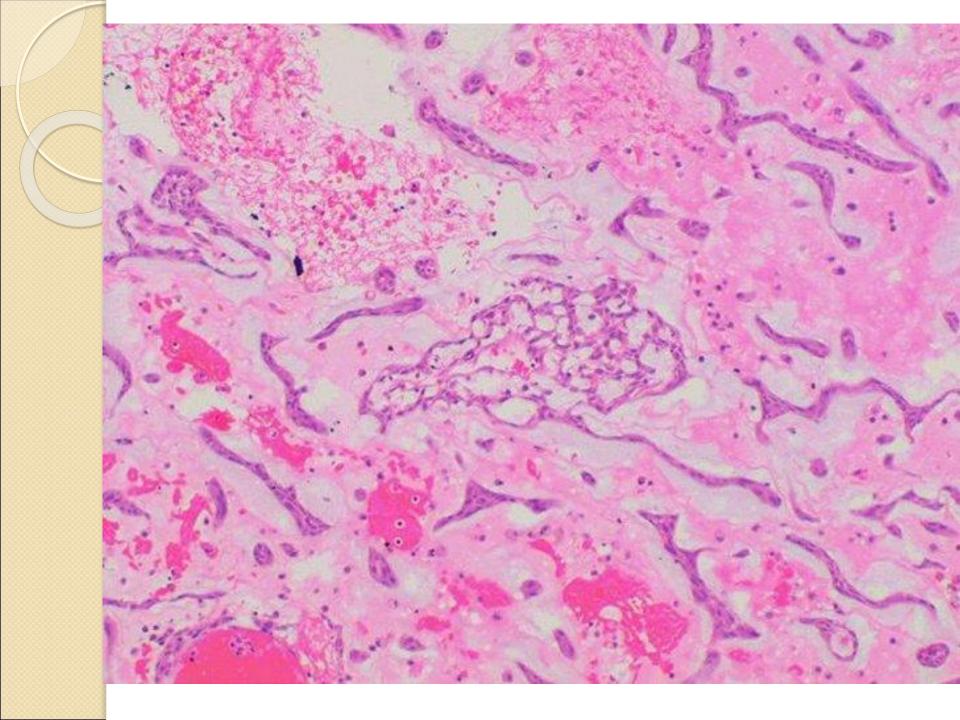
- Most common primary tumor of the heart
- Benign
- Associated with clonal abnormalities of Ch 12 & 17
- Any chamber. 90% atria
- Left: right 4: I

Morphology

- Usually single
- Fosssa ovalis
- I-I0 cms
- Sessile or pedunculated
- Globular hard masses mottled with hemorrhage to soft, translucent, papillary or villious lesions with gelatinous appearance



- Stellate cells embedded within an abundant mucopolysaccharide ground substance
- Peculiar vessel like or gland like structures are characteristic
- Hemorrhages and mononuclear cells are commonly present



Clinical features

- Valvular ball-valve obstruction, embolization or fever & malise
- Echocardiography
- Surgery

Carney Complex

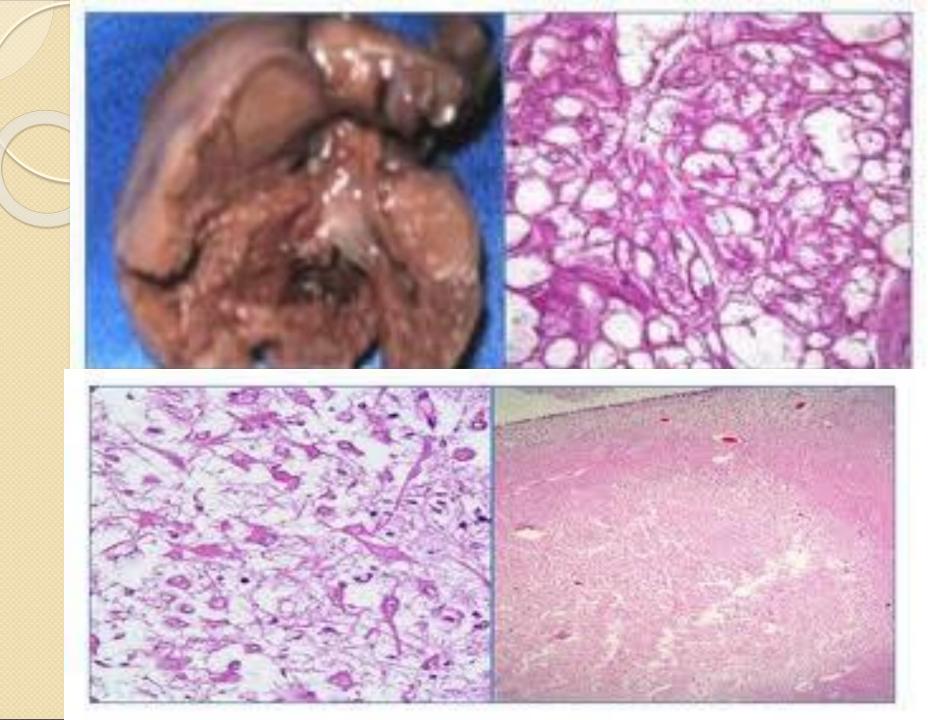
- AD
- Multiple cardiac & often extracardiac (skin) myxomas, pigmented skin lesions and endocrine overactivity

 PRKARI on Ch I7 – encode C-AMP dependent protein kinase A is mutated

Rhabdomyoma

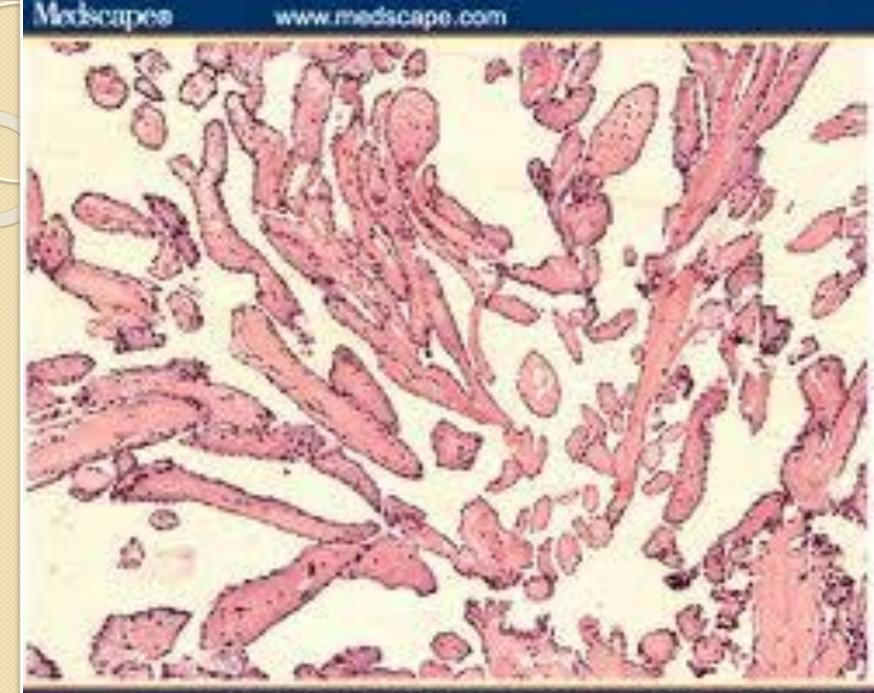
- Most frequent primary tumor of heart in infants & children
- Often associated with Tuberuos Sclerosis
- Defects in TSC1 & TSC2 genes

- Small gray-white myocardial masses
- Usually multiple in number, involves ventricles mainly protruding into the chamber
- Bizarre markedly enlarged myocytes
- Cytoplasm is reduced to thin webs or strands that extend to cell membranes spider cells



Papillary fibroelastoma

- Incidental seanemone like lesions
- May embolize
- Unusual benign neoplasms
- Located on valves on ventricular surface
- Cluster of hair like projections upto 1cm in length
- Core of myxoid tissue containing abundant mucopolysaccharides and elastic fibers covered by endothelium



Source: Nat Clin Pract Cardiovasc Med © 2008 Nature Publishing Group

Hemangioma

- Very common tumors
- Increased number of normal or abnormal vessels filled with blood
- 7% of childhood neoplasms
- Regress spontaneously

Angiomatosis:

- Involves large portions of the body
- Majority superficial, often heads & neck
- Liver

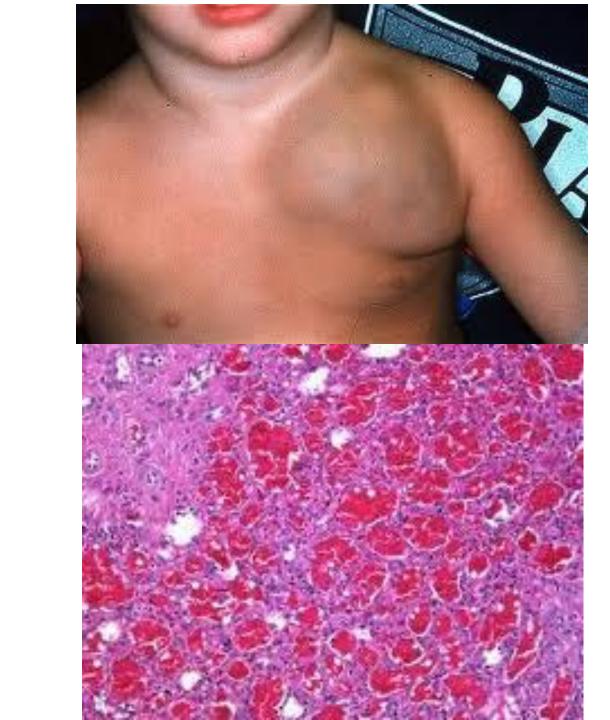
Capillary hemangiomas

- Most common variant
- Skin, subcutaneous tissues, mucus membranes of oral cavities & lips
- Liver, spleen & kidney
- Unencapsulated aggregates of closely packed thin walled capillaries, blood filled
 & lined by endothelium
- Scant connective tissue



Cavernous hemangiomas

- Large dilated vascular channels
- Less well circumscribed
- More frequently located in deep structures
- No spontaneous regression
- Vulnerable to traumatic ulceration, cosmetic disturbances
- Brain hemangiomas more dangerous

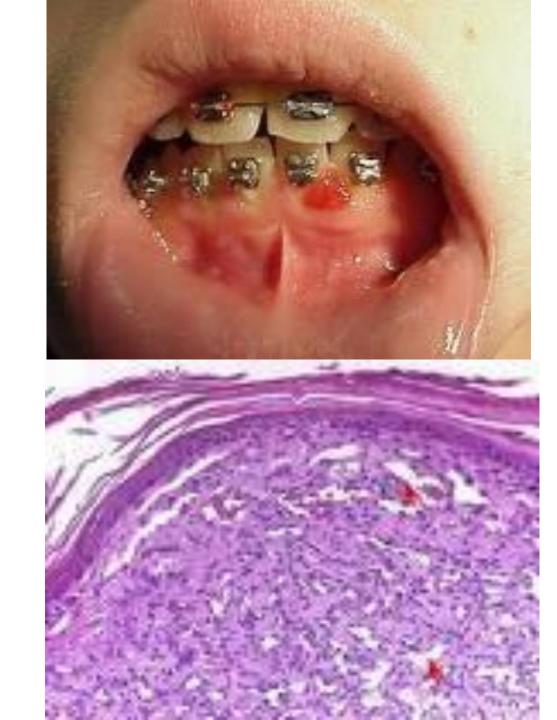


VHL disease –

- Cerebellum, brainstem or retina
- Cystic neoplasms in pancreas & liver
- Renal neoplasms

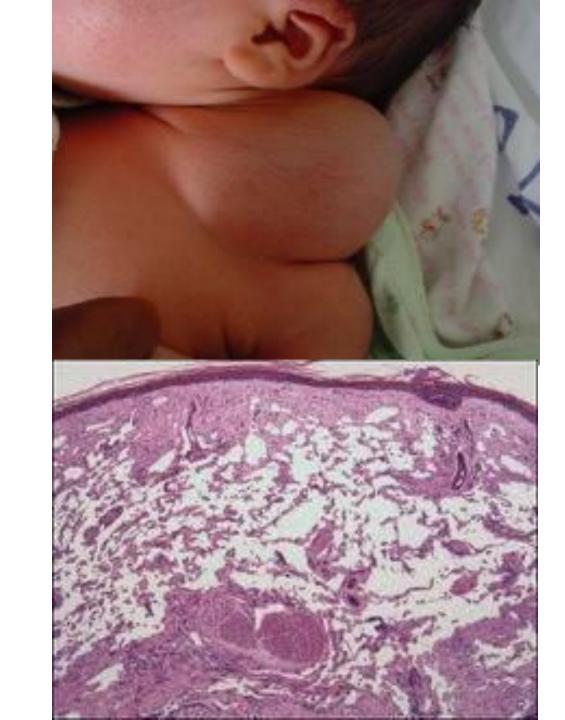
Pyogenic granulomas

- Form of capillary hemangiomas
- Rapidly growing pedunculated red nodule on the skin or gingiva or oral mucosa
- I/3rd develop after trauma
- Proliferating capillaries, edema & acute & chronic inflammatory cells
- Pregnancy tumor (granuloma gravidarum)
- Gingiva of pregnant women
- Spontaneously regress or undergo fibrosis



Lymphangioma

- Capillary lymphangioma
- Cavernous lymphagioma (cystic hygroma)

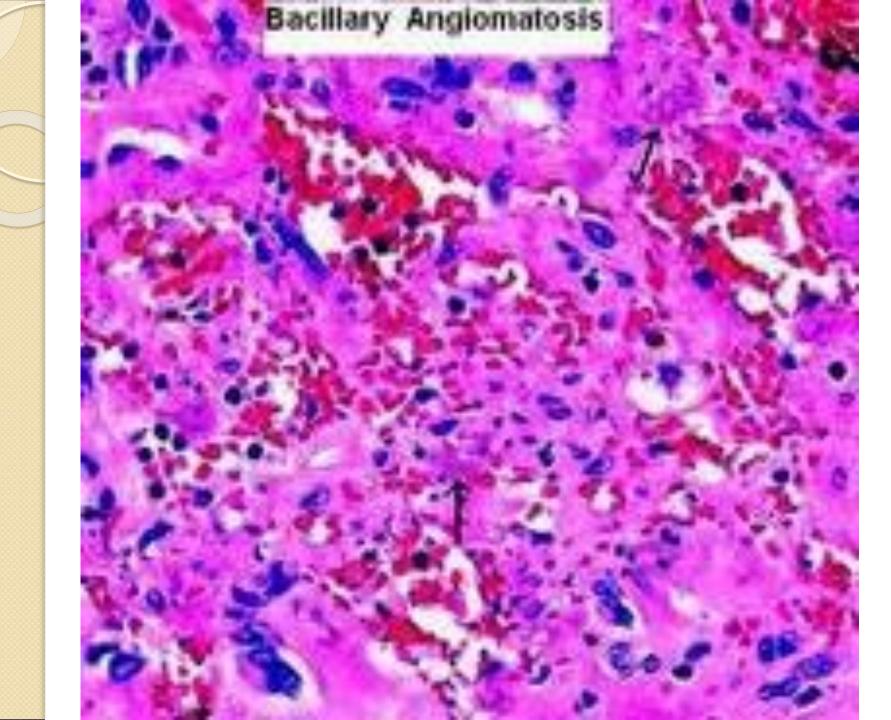


Bacillary angiomatosis

- First described in AIDS patients
- An opportunistic infection manifest as vascular proliferations resembling tumor
- Skin, bone, brain & other organs
- Gram negative organisms Bartonella family (B.Hensle, B.quintana)

Morphology

- One to numerous red papules & nodules
- Proliferation of capillaries that exhibit protuberant epitheliod endothelial cells, with nuclear atypia and mitosis
- Numerous stromal neutrophils, nuclear dust and purplish granular material consisting of the causative bacteria



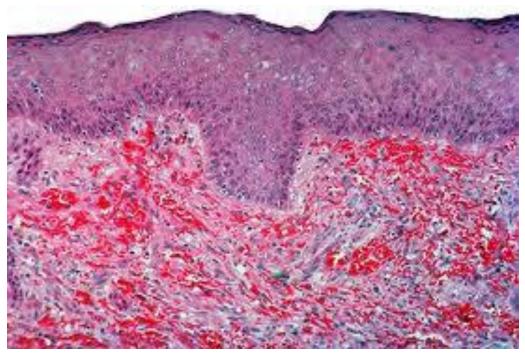
Kaposi sarcoma

- Frequently occurs in AIDS patients
- Fours forms of the disease are recognized

Chronic/classic or European KS

- 1872
- Older men
- Not associated with HIV
- Multiple red to purple skin plaques or nodules, primarily on arms and legs slowly increase in number & size
- Asymptomatic, localized to skin & subcutaneous tissue





Lymphadenopathic/African/Endemic KS

- Young, Bantu children os south Africa
- Localized, or generalized lymphadenopathy
- Extremely aggressive
- Skin lesions are sparse

Transplant-associated (immunosupression associated KS

- Solid organ transplantation
- Aggressive
- Involves lymphnodes, mucosa & visceral organs
- Skin lesions may be absent
- Sometimes regress

AIDS associated KS

- US
- I/3rd of AIDS patient
- Now reduced in HAART Rx
- No site predilection, but involvement of lymphnodes & gut and wide dissemination is common early in the disease

Morphology

- In classic disease three stages can be identified
- Patch, plaque & nodule

Patch

- Pink to red to purple solitary or multiple macules, usually confined to distal extremities or feet
- Dilated, irregular & angulated blood vessels lined by endothelial cells, interspersed with lymphocytes, plasma cells & macrophages

Plaques

- Large, violacious & raised
- Dermal, dilated, jagged vascular channels lined by plump spindle cells with perivascular aggregates of spindle cells
- Scattered between channels are lymphocytes, hemosiderin laden macrophages
- pink hyaline globules are seen

Nodules

- More distinctly neoplastic
- Sheets of plump proliferating spindle cells mostly in the dermis
- Scattered small vessels & slit like spaces containing red cells are seen
- Hemorrhage, hemosiderin, lymphocytes
- Mitosis common
- Pink cytoplasmic globules
- Often accompanied by involvement of lymphnodes & viscera

Pathogenesis

- 1994
- HHV-8 virus/KSHV
- 95%
- Necessary and sufficient for the development of the disease
- Immunosupression appears to be an important cofactor
- KHSV is sexually transmitted

Clinical features

- Mostly assymptomatic
- Classic form is restricted to surface of the body
- Resection
- Radiation for multiple lesions
- Endemic KS is treated with chemotherapy
- In immunsuoression associated cases withdrawal of the immunosupression
- In AIDS associated cases retroviral Rx

Angiosarcoma

- Malignant
- Highly differentiated tumors resembling capillary hemangioma to undifferentiated tumors resembling carcinomas or melanomas
- Old age
- More commonly in skin, soft tissue, breast and liver

- Hepatic angiosacomas are associated with distinct carcinogens, including arsenic, thorotrast & polyvinyl chloride
- In the setting of lymphedema after mastectomy
- Induced by radiation also

Morphology

- Grossly cutaneous angiosarcoma may begin as small asymptomatic lesion.
- Eventually most of them become large, fleshly masses of pale soft tissue
- All degrees of differentiation are identified

