# RESPIRATORY SYSTEM — III PNEUMONIAS

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 Pneumonia can be very broadly defined as any infection of the lung parenchyma.

Routes of entry of micro-organisms:

- Inhalation of the microbes present in the air
- Aspiration of organisms from nasopharynx (or) oropharynx
- Hematogenous spread from a distant focus of infection
- Direct spread from an adjoining site of infection

#### PREDISPOSING FACTORS

- Loss or suppression of the cough reflex coma, anesthesia, neuromuscular disorders
- Injury to the mucociliary apparatus by either impairment of ciliary function or destruction of ciliated epithelium- cigarette smoke, inhalation of hot or corrosive gases, viral diseases, or genetic defects of ciliary function (e.g., the immotile cilia syndrome)

#### PREDISPOSING FACTORS

- Accumulation of secretions cystic fibrosis and bronchial obstruction
- Interference with the phagocytic or bactericidal action of alveolar macrophages by alcohol, tobacco smoke, anoxia, or oxygen intoxication
- Pulmonary congestion and edema

- Community-Acquired Acute Pneumonia
- Health Care-Associated Pneumonia
- Hospital-Acquired Pneumonia
- Aspiration Pneumonia
- Chronic Pneumonia
- Necrotizing Pneumonia and Lung Abscess
- Pneumonia in the Immunocompromised Host

#### Anatomical Classification of Pneumonias

- 1. Lobar Pneumonia
- 2. Broncho Pneumonia (Lobular Pneumonia)
- 3. Interstitial Pneumonia

#### **Etiologic Classification of Pneumonias:**

- Bacterial Pneumonia
- Viral & mycoplasmal Pneumonia (Primary atypical Pneumonia)
- Other types Pneumocytis carinii Pneumonia
  - Legionella Pneumonia
  - Aspiration Pneumonia
  - Lipid Pneumonia

# **LOBAR PNEUMONIAS**

 Involves part of lobe / entire lobe / Two lobes of one or both the lungs

Aetiology:

#### Pneumococcal Pneumonia:

- Most common caused by streptococcus Pneumoniae
- Commonest community acquired Pneumonia in adults
- P/F: Chronic ill ness, Alcoholism, Sickle cell disease, splenectomy

# LOBAR PNEUMONIAS

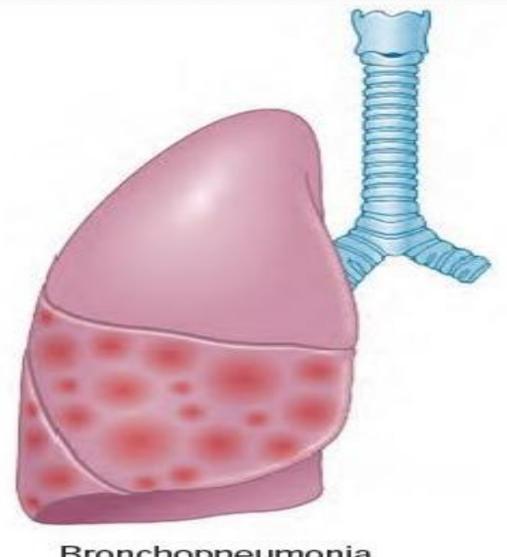
#### Aetiology:

- Staphylococcal Pneumonia: St. aureus Hematogenous spread from another focus
- Streptococcal Pneumonia :  $\beta$  hemolytic streptococci
  - Children after measles / Influenza
  - Severely debilitated elderly Pt / Diabetics
- Pneumonia by Gram-negative aerobic bacteria:
  - Eg: H-influenza, klebsiella, Pseudomonas etc.,
  - Commonest agents to produce nosocomial pneumonia
  - Major cause of Hospital morbidity and mortality

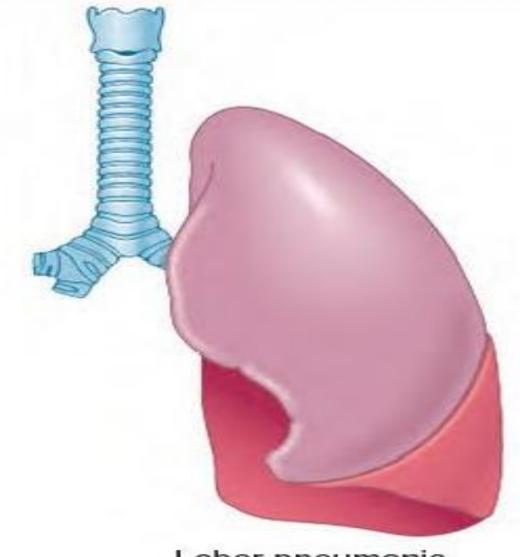
# PNEUMONIAS - MORPHOLOGY

- Lower lobes are most commonly affected
- Bacterial pneumonia has two patterns of anatomic distribution:
  - Iobular bronchopneumonia
  - lobar pneumonia
- Bronchopneumonia Patchy consolidation of the lung
- lobar pneumonia while consolidation of a large portion of a lobe or of an entire lobe

# PNEUMONIAS - MORPHOLOGY



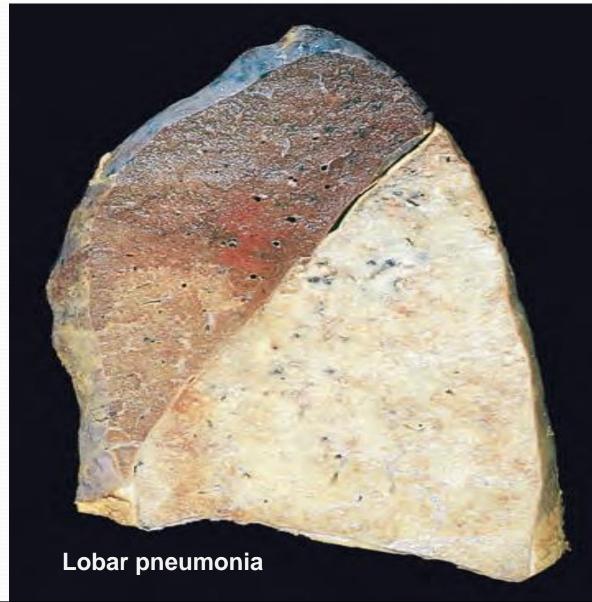
Bronchopneumonia



Lobar pneumonia

# PNEUMONIAS - MORPHOLOGY





In lobar pneumonia, four stages of the inflammatory response are

- Stage of congestion
- Stage of red hepatization
- Stage of gray hepatization
- Stage of resolution

- 1. Stage of congestion (Initial phase):
- Early acute inflammatory response to bacterial Infection Lasts for 1 to 2 days
- Gross: Affected lobe is enlarged, heavy, red and congested
   C/S: Blood stained frothy fluid
- Microscopy:
  - i) Dilatation and congestion of capillaries in the alveolar walls
  - ii) A few RBC and neutrophils in intra alveolar fluid iii) Numerous bacteria in alveolar fluid

Stage of Red Hepatisation (Early Consolidation)
Lasts for 2-4 days

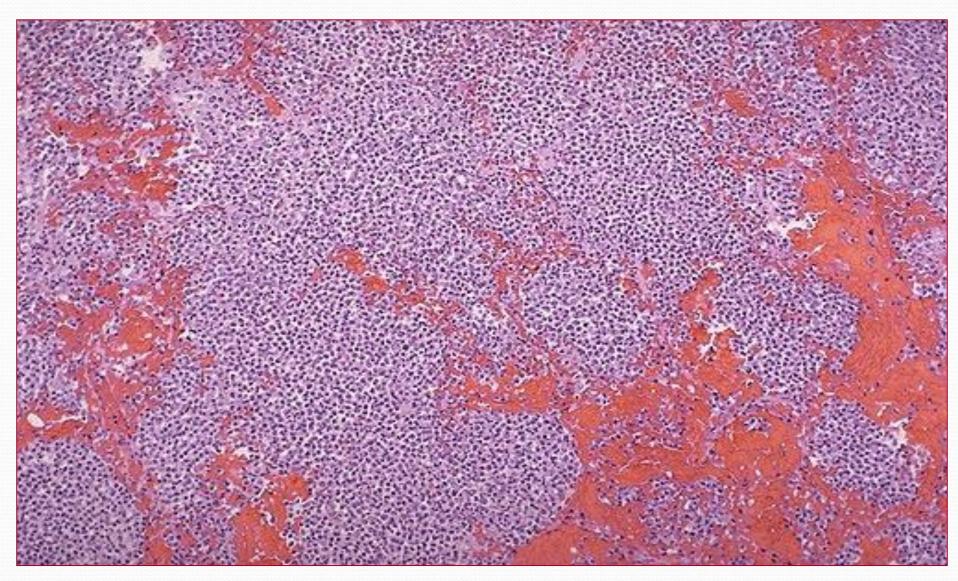
Gross: Affected lobe is red, firm and consolidated

C/S: Dry, granular with liver-like consistency

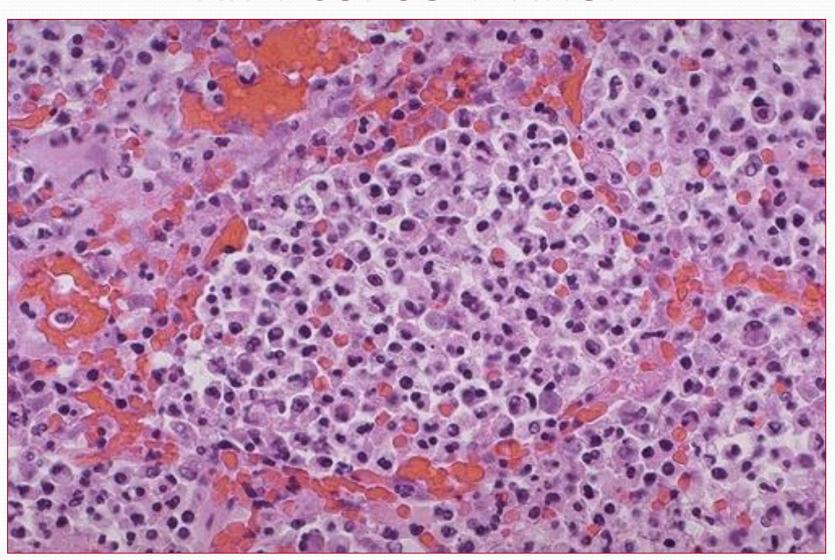
#### Micro scopic examination:

- i) Edema fluid is replaced by strands of fibrin
- ii) Marked cellular exudate of neutrophils and extravasation of RBC
- iii) Many neutrophils show ingested bacteria

#### **EARLY CONSOLIDATION**



# **EARLY CONSOLIDATION**



3. Stage of Grey Hepatisation (Late Consolidation)

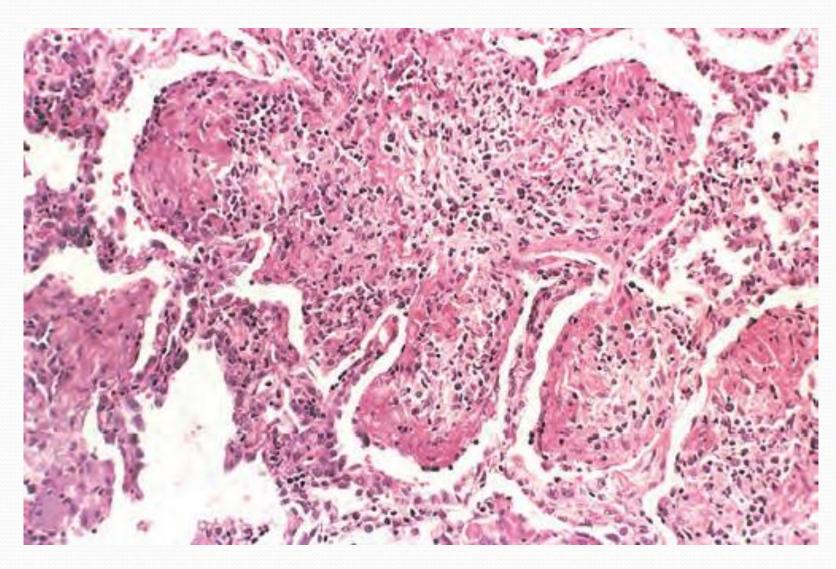
This phase lasts for 4 to 8 days

Gross: Affected lobe is firm and heavy

C/S: Dry, granular and grey in appearance with liver like consistency

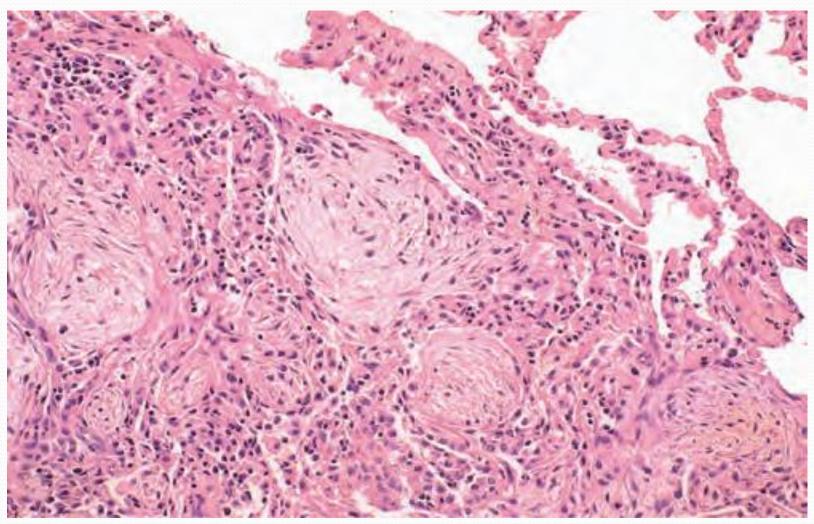
#### Microscopic examination:

- i) Fibrin strands are dense and more numerous
- ii) Disintegration of inflammatory cells (neutrophils) and appearance of macrophages in the exudate



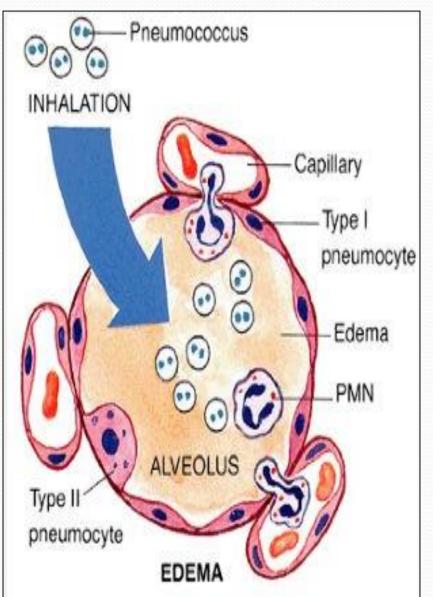
- 4. Stage of Resolution:
- Begins by 8th to 9th day if no chemotherapy
- With antibiotic therapy- 3<sup>rd</sup> day
- Gross Solid fibrinous exudate  $\rightarrow$  enzymatic action  $\rightarrow$  liquefied
  - Process of softening begins centrally  $\rightarrow$  spreads to periphery
- Microscopic examination
- i) Macrophages are predominant cells . Many macrophages contain engulfed neutrophils and debris
- ii) Engorged alveolar capillaries

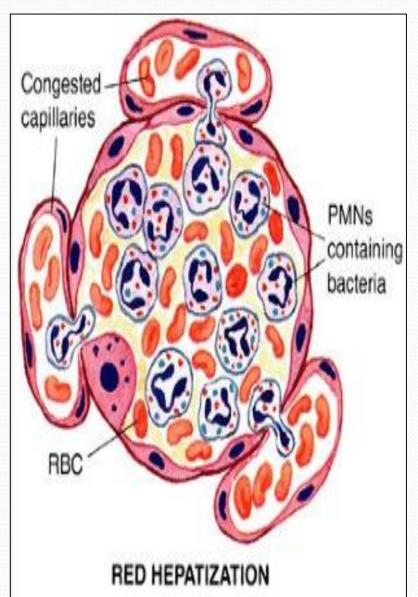
#### **ADVANCED ORGANIZING PNEUMONIA**

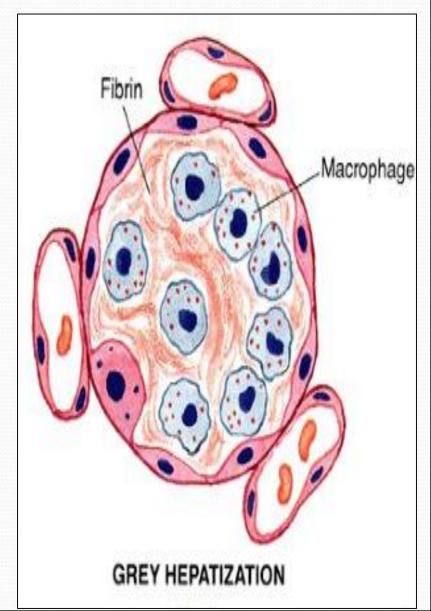


The exudates have been converted to fibromyxoid masses rich in macrophages and fibroblasts.

# STAGES OF LOBAR PNEUMONIAS







#### **COMPLICATIONS OF LOBAR PNEUMONIA**

- With advent of antibiotics serious complications uncommon
- Seen only in untreated / Immuno compromised patients
- Organization: 3% of cases with residual scarring Post-Pneumonic fibrosis – carnification
- Pleural effusion
- Empyema and lung abscess
- Pulmonary gangrene
- Pneumatocele formation
- Metastatic infection: Pericarditis, IE, myocarditis otitis media, mastoiditis, meningitis and purulent arthritis

#### **CHRONIC BACTERIAL PNEUMONIA**

If changes are persistent for at least 1 month in normal host

#### Most common infectious agents are:

- H. infuenza (41%)
- α. Hemolytic streptococci
- Staphylococcus aureus
- Pseudomonas aeruginosa

#### Investigations:

- Neutrophilic leucocytosis
- Positive blood cultures in 30 % of cases

#### **BRONCHO PNEUMONIA (LOBULAR PNEUMONIA)**

- Hemophilus Infections of terminal bronchioles that extends into the surrounding alveoli → patchy consolidation of lung
- Common in extremes of life (Infancy and old age)
- Aetiology: Staphylococci, Streptococci, Pneumococci, Klebsiella Gross
- Patchy areas of red or grey consolidation with involvement of one or more lobes (lower lobes)
- Bilateral
   C/S: Dry, granular, firm areas of 3 to 4 cms size

#### **MORPHOLOGICAL CHANGES IN BRONCHO PNEUMONIA**

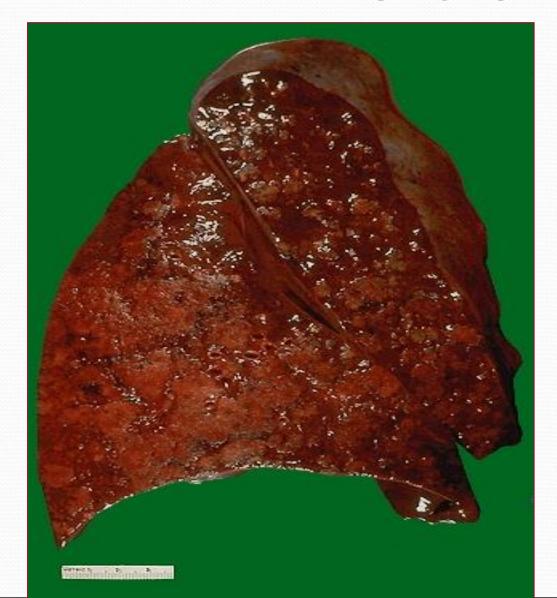
#### Microscopy:

- i) Acute bronchiolitis
- ii) Suppurative exudate consisting chiefly of neutrophils
- iii) Thickening of alveolar septa by congested capillaries and leukocyte infiltration

#### **Complications:**

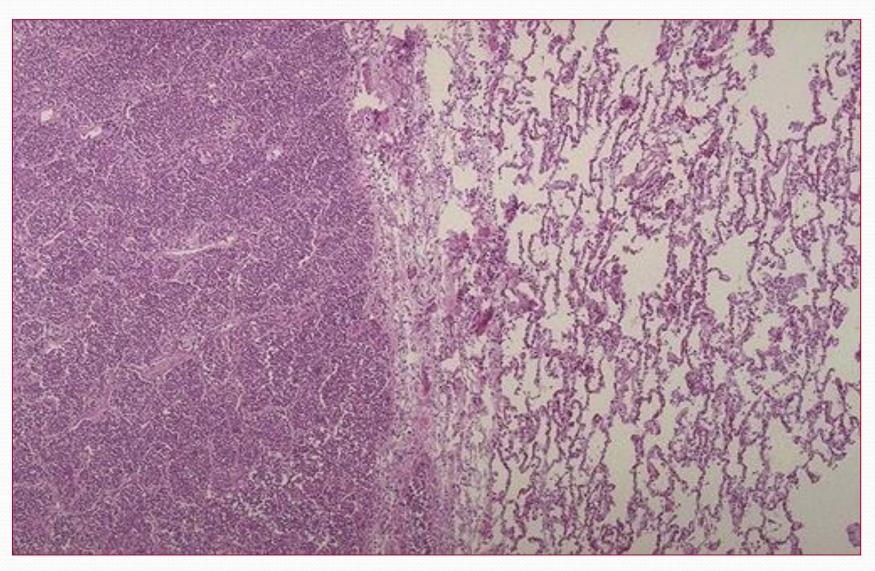
- Same of Lobar Pneumonia
- Complete resolution is uncommon
- Some degree of destruction of the bronchioles → foci of bronchiolar fibrosis → Bronchiectasis

# **BRONCHOPNEUMONIA**

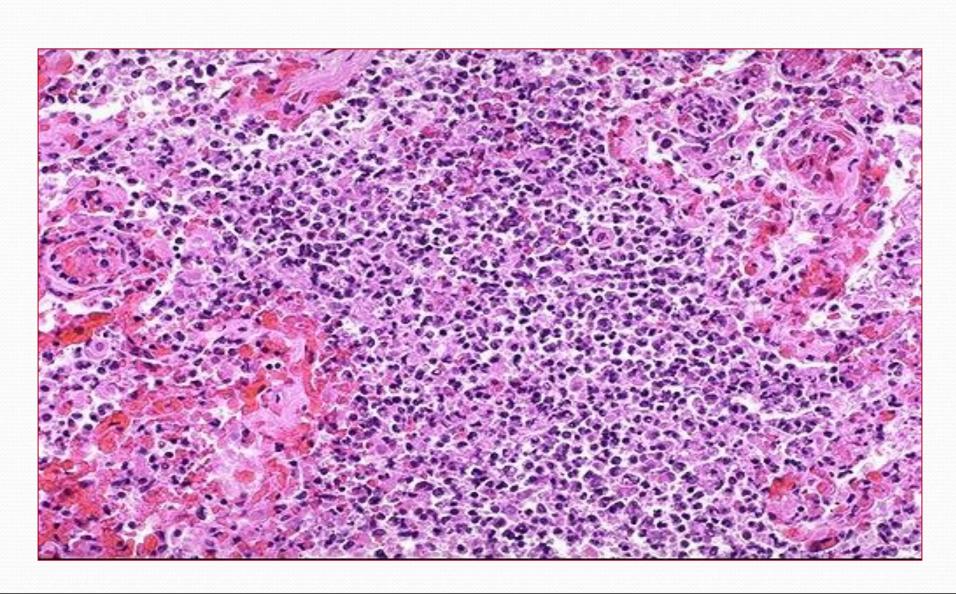




#### **BRONCHOPNEUMONIA - NEUTROPHILIC EXUDATE**



#### **BRONCHOPNEUMONIA – EARLY ABSCESSING PNEUMONIA**



## VIRAL PNEUMONIA (PRIMARY ATYPICAL PNEUMONIA)

- Interstitial Pneumonitis: Confined to interstitial tissue, localised within the walls of the alveoli
- Atypical : Absence of alveolar exudate
- Occur in all age groups
- Aetiology: Most common organism: RSV (Respiratory Syncytial Virus)
- Others: Mycoplasma Pneumoniae, Influenza, Adeno, Rhino, Coxsackie, CMV

#### VIRAL PNEUMONIA

#### Severe Acute Respiratory Syndrome

- Severe acute respiratory syndrome (SARS) first appeared in November 2002 in China
- The cause of SARS was a new coronavirus.
- Many upper respiratory infections are caused by coronaviruses, but the SARS virus differed from other coronaviruses in that it infected the lower respiratory tract and spread throughout the body

#### VIRAL PNEUMONIA (PRIMARY ATYPICAL PNEUMONIA)

#### Gross:

- Heavy, congested.
- C/S: small amount of frothy or bloody fluid

#### Microscopy

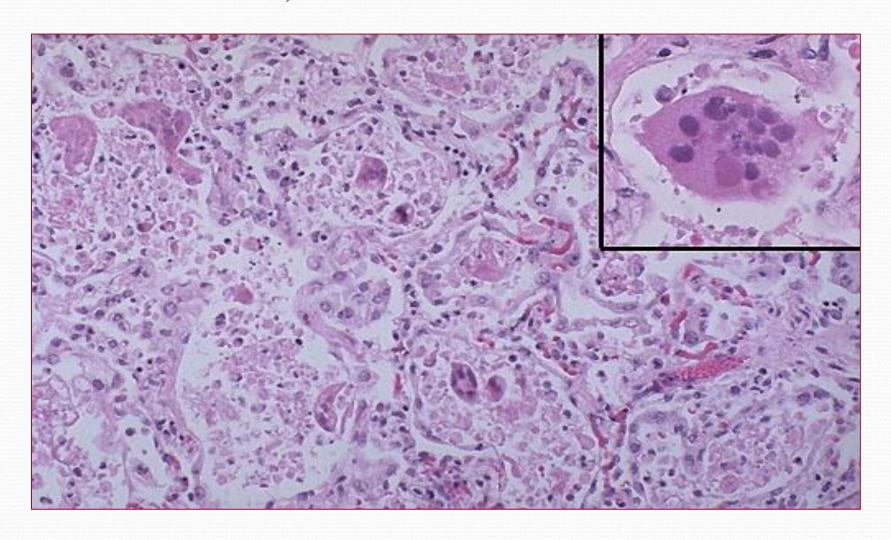
- i) Interstitial inflammation:
- Mononuclear cells: lymphocytes macrophages, and plasma cells
- ii) Necrotising bronchiolitis
- iii) Reactive changes: Proliferation of lining epithelium of bronchioles and alveoli. Multinucleate giant cells and syncytia in bronchiolar and alveolar walls
- iv) Alveolar changes: In severe cases alveolar lumina contain edema fluid, fibrin and exudate

# VIRAL PNEUMONIA (PRIMARY ATYPICAL PNEUMONIA)

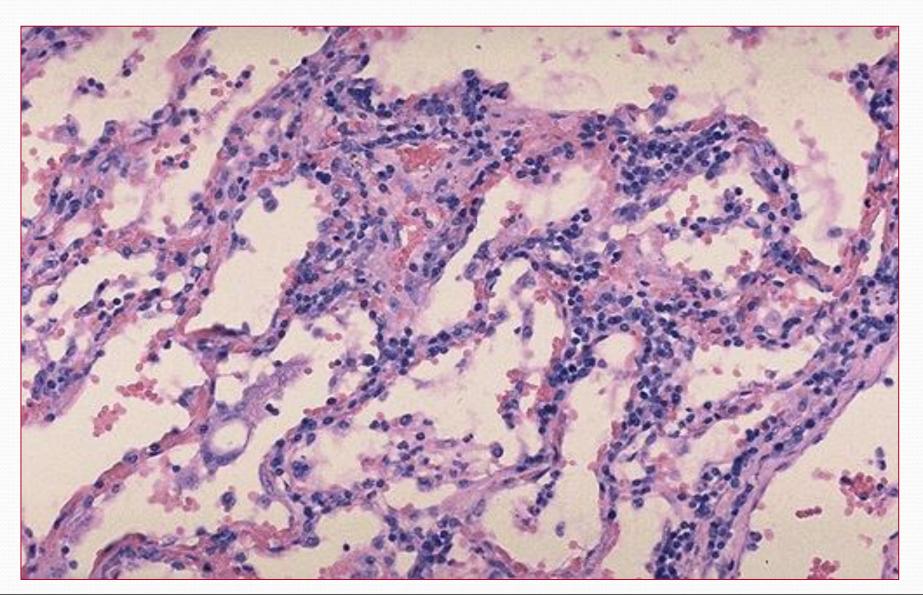
#### **Complications:**

- Most of the cases recover completely
- Superadded bacterial infections
- Interstitial fibrosis → permanent damage

#### RSV - GIANT CELL WITH, PINK INTRACYTOPLASMIC INCLUSION



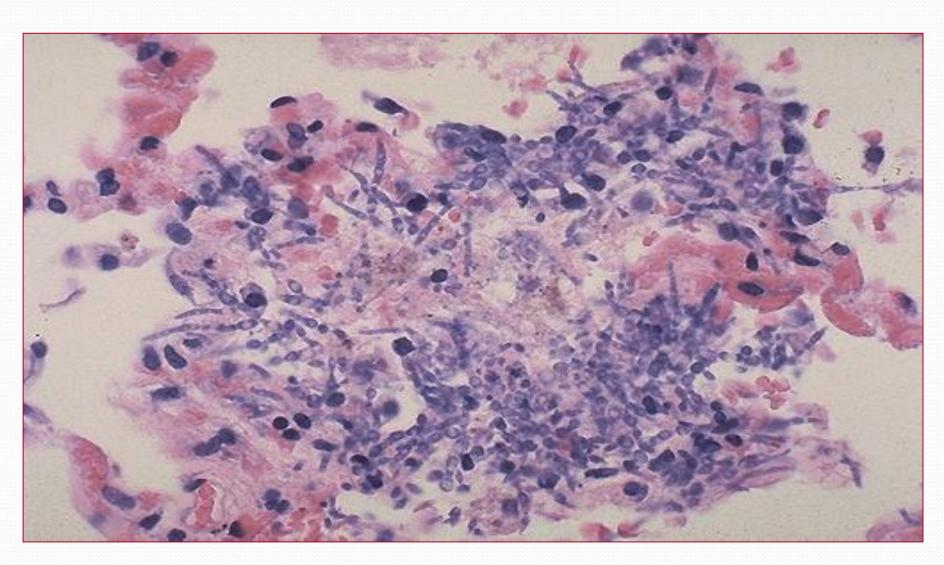
#### VIRAL PNEUMONIA WITH INTERSTITIAL LYMPHOCYTIC INFILTRATES



#### PNEUMONIA SECONDARY TO FUNGAL INFECTION

- Pneumonia can be caused secondary to fungal infections of lung.
- Some of the fungal infections affecting the lung are
  - Candida
  - Aspergillus
  - Mucor mycosis
  - Histoplasmosis
  - Blastomycosis
  - Coccidioidomycosis

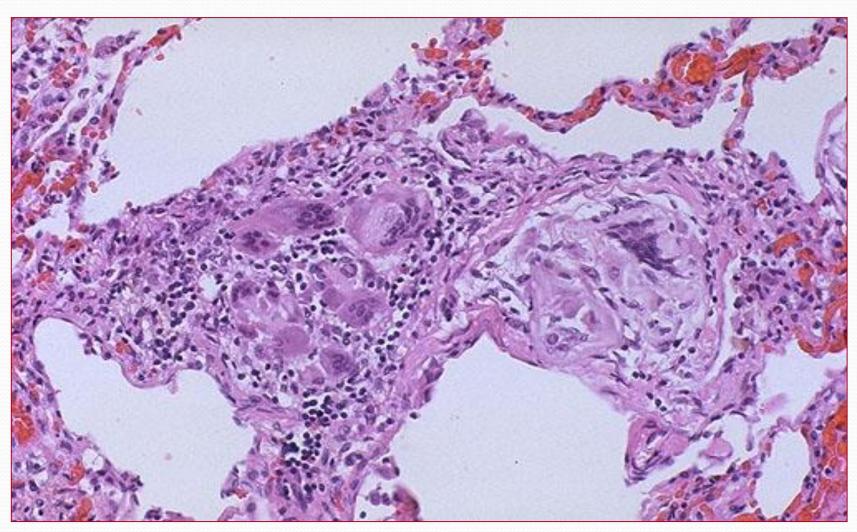
#### PNEUMONIA SECONDARY TO CANDIDA



#### **ASPIRATION PNEUMONIA**

- Aspiration pneumonia occurs in markedly debilitated patients and unconscious patients who aspirate gastric contents due to abnormal gag and swallowing reflex.
- The resultant pneumonia is partly chemical due to the irritating effects of gastric acid, and partly bacterial (from the oral flora).
- On culture both aerobes (more common) and anaerobes are recovered.
- This type of pneumonia is often necrotizing, pursues a fulminant clinical course, and is a frequent cause of death.
- Surviving patients may develop lung abscess as complication.

# A LOCALIZED FOREIGN BODY GIANT CELL RESPONSE TO THE ASPIRATED MATERIAL



#### LIPID PNEUMONIA

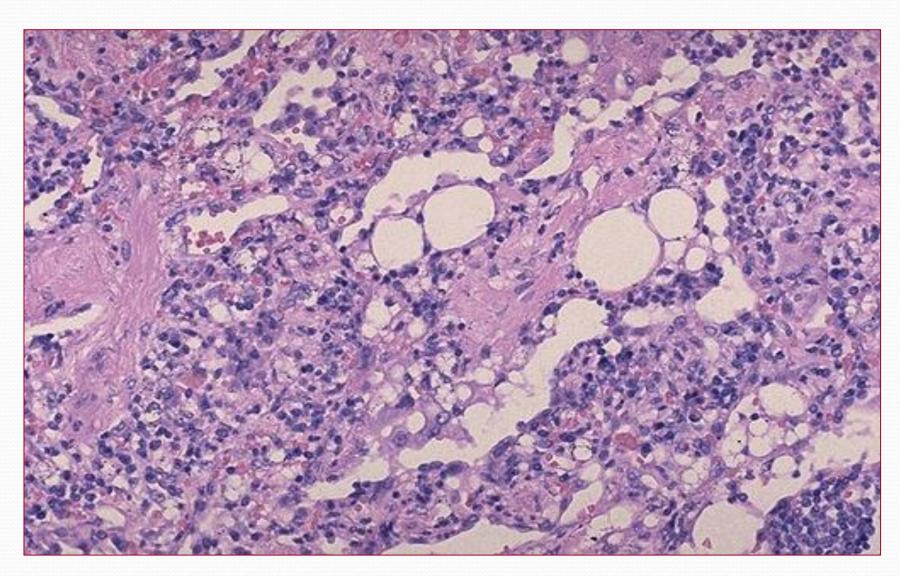
Lipid pneumonia is non-infective pneumonia which is of two types -

- Exogenous lipid pneumonia
- Endogenous lipid pneumonia
- Exogenous lipid pneumonia due to aspiration of oily materials

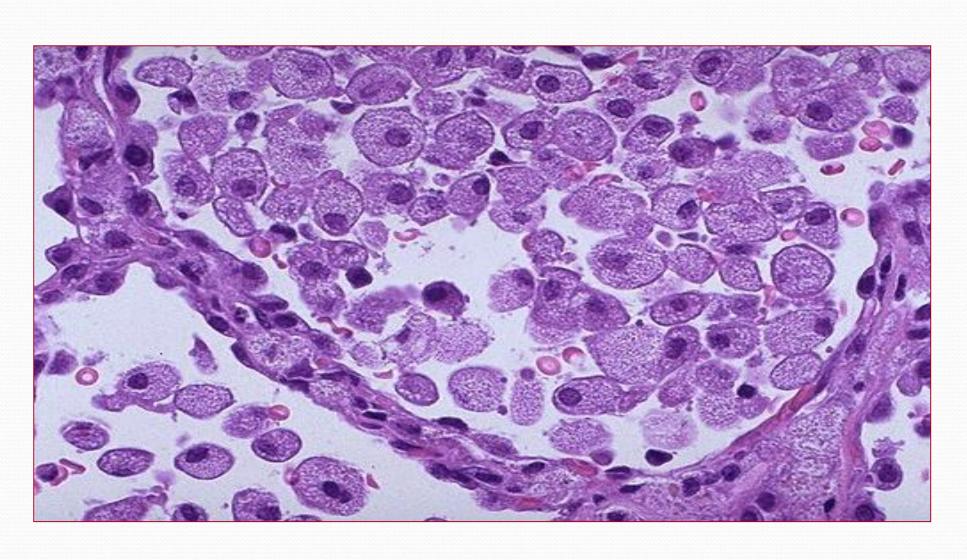
  Eg . Inhalation of oily nasal drops, Regurgitation of oily medicines
  from stomach etc
- Endogenous lipid pneumonia the origin of lipids is tissue breakdown following obstruction to airways

  Eg. Bronchogenic cancer, TB.

#### **LIPID PNEUMONIA - EXOGENOUS**



#### LIPID PNEUMONIA - ENDOGENOUS



# **Short notes**

- 1. Classify pneumonia. What are the stages of lobar pneumonia
- 2. Morphology of Lobar Pneumonia and complications
- 3. What are the types of pneumonia; write about the morphology of Lobar pneumonia and its complications
- 4. Stages of Lobar Pneumonia
- 5. Broncho Pneumonia
- 6. Lobar pneumonia
- 7. Gross and microscopic picture of lobar pneumonia

# Very short notes

- 1. Complications of Lobar Pneumonia
- 2. Lobar pneumonia

# As you sow abundantly, you reap abundantly. what you give to others will return to you many many times

- Master Choa kok Sui

# **THANK YOU**